

Your Way to True Wealth: How to Make It Happen, Make It Last, and Make It Matter

Mike Brown

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Mike Brown's empowering guidebook illuminates a clear pathway to financial independence, via getting rid of debt, saving, and investing, all working toward a comfortable retirement. It names common pitfalls and recommends behaviors worth adopting in order to achieve one's long-term monetary goals.

Brown is inspiring in encouraging his audiences to imagine a life in which work is optional; enough income is still flowing in to pay for a desired lifestyle; and no worries about money remain. In this way, he redefines true wealth as having the luxury of time to focus on what truly matters. Once this perspective is established, he uses clear language to introduce the skills that are central to achieving such financial health, including personal discipline and taking an objective approach toward investing. He names ways to cut back on one's expenses, set aside parts of each paycheck, and make other decisions that pay off in the long term. His understanding, conversational tone makes these tough lessons more palatable, as do the illustrative charts that he uses to explain concepts further.

There are no quick solutions, and Brown encourages assuming a far horizon. He suggests patience, with awareness of "the wealth-building power of compounding," and warns against hasty attempts to predict the future; shut out the alarmists in financial media, he warns. Indeed, each chapter is topical, pragmatic, and direct; the book's clear organization will make it handy as a reference text to return to and refresh. Its mnemonic devices help to make its concepts more memorable too.

Detailed and practical, *Your Way to True Wealth* is a meticulous road map to creating the wealth necessary for supporting personal freedom.

JOSEPH S. PETE (July / August 2023)

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