



Yoga: The Art of Transformation

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Yoga has always attracted lots of yogis from lots of religions—some for quasispiritual reasons, others for the physical benefits, certain men drawn by hot rooms with leotard-clad women, and so on. This visual history represents the breathtaking yoga artwork contained in the Smithsonian's massive Eastern art collection, and it will put you in marvel pose pronto.

MATT SUTHERLAND (Spring 2014)

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