

Yoga at the Zoo: Little Mouse Adventures

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Stafford House Books (Mar 1, 2020)

Hardcover \$16.95 (32pp)

978-0-9981070-9-7

Meet inquisitive and outgoing Little Mouse, his cat friend Mr. Opus, and his human friend Tammy as they venture about town in this first installment of the Little Mouse Adventures series. Book one finds the intrepid rodent and his feline companion joining a trip to the zoo, where Little Mouse notices that the distinctive way that certain animals stretch and balance resembles familiar yoga poses practiced at home. No yoga experience is necessary to appreciate the book's quiet mind mentality, though!

PALLAS GATES MCCORQUODALE (January / February 2020)

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