



## Unclenching Our Fists: Abusive Men on the Journey to Nonviolence

**Sara Elinoff Acker**

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Sara Elinoff Acker has been studying relationships, albeit the violent type. In *Unclenching Our Fists*, she explores a litany of depressing questions, beginning with why some men become abusive and leading to the eyes-wide-open discussion of whether they can change their evil ways. Active in the battered-women's movement for more than twenty-five years, Acker has seen some reasons to be encouraged over the years. Her book tells the first-person stories of eleven men from all walks of life who have made serious long-term progress in ending their violent, controlling behavior.

MATT SUTHERLAND (Winter 2014)

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