

## Tupelo Honey Cafe: New Southern Flavors from the Blue Ridge Mountains

**Elizabeth Sims**

**Chef Brian Sonoskus**

Andrews McMeel Publishing (Apr 1, 2014)

Hardcover \$29.99 (240pp)

978-1-4494-4614-7

Certain regions do comfort food better than others. Just ask fans of home cooking from Mexico, Italy, and the American South—Rib Eye Steak and Mushroom Pot Pie with Sweet Potato Biscuit Crust. That's what we're talking about!

An ultrafamous eatery in Asheville, North Carolina, Tupelo Honey Cafe represents the "mountain South," and this latest collection of 125 recipes, beautifully photographed and packaged, is surprisingly vegetable driven. Even so, southern cooks just know how to make things extra appealing: Deep-Fried Macaroni and Cheese with Tomato Jam and Red Onion Marmalade ... c'mon!

MATT SUTHERLAND (Summer 2014)

*Disclosure: This article is not an endorsement, but a review. The publisher of this book provided free copies of the book to have their book reviewed by a professional reviewer. No fee was paid by the publisher for this review. Foreword Reviews only recommends books that we love. Foreword Magazine, Inc. is disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255.*