

The Spirituality of Wine

Gisela H. Kreglinger

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For God so loved the world that he gave his only begotten son the ability to turn water into wine. This, it may be remembered, was Jesus's first miracle. All of which proves that Jesus himself "affirms the importance of joyful feasting for Christian spirituality," in the words of Gisela Kreglinger in her delightful *The Spirituality of Wine*. Kreglinger's version of Christian spirituality emphasizes the grounded, everyday aspect of how we live a Christian life; that the ordinary—bread and wine, for example—is "imbued with spiritual meaning." Early in the book, she explores the "scriptural and theological foundations of a spirituality of wine," and then proceeds to meld contemporary views of wine with Christian spirituality. A remarkable work.

MATT SUTHERLAND (Fall 2016)

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