

The Quitter's Manifesto: Quit a Job You Hate for the Work You Love

Tim Rhode

Pat Hiban

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For those who harbor fantasies of escaping their current jobs for more meaningful work, Tim Rhode and Pat Hiban's *The Quitter's Manifesto* provides an encouraging outline, naming steps that can be taken toward more fruitful endeavors.

Quitting a job, whether to work for a different company, start a business, or buy an established operation, involves the fear of the unknown as much as it does the act of resigning. Knowing this, Rhode and Hiban encourage would-be quitters to work through their fears: by imagining realistic worst-case scenarios and planning for them; by building up savings and other cash-flow options; and by establishing "Quit Teams" of people to support their transitions.

The chapters are brief and motivational in this inspirational, instructional book. It ably lays out broad steps that should be taken to quit with confidence. Speaking to those who are longing for change, it includes the stories of others who changed their own life paths as reminders that different ways of being are possible.

The Quitter's Manifesto empowers workers to choose where and how they work with its sage advice for quitting their current jobs.

SARAH WHITE (September / October 2022)

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