

## The Infallible Way

**Jule Gaige**

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*With conviction and credibility, The Infallible Way is a self-help work that asserts that joy, peace and abundance are possible for all.*

Lawyer Julie Gaige's self-help work *The Infallible Way: Guide for Transforming Fear to Love* provides the hope to push past the excuses that bar the way to a better life.

This book addresses all-too-common questions about individual purpose and self-worth, doing so with unshakable faith in the power of people to realize and live out their own inherent values. Powered by Gaige's own life transformation and providing clear and direct advice, the book aims to help people identify their limiting beliefs and change them in order to have a fuller life, inside and out.

Change must come from the inside, the book argues. This guide considers the all-encompassing spiritual, mental, emotional, and physical realities that hold people back. This inside-to-outside approach deftly addresses past traumas, difficult relationships, and physical illnesses in a way that is head-on but doesn't give circumstances undue weight.

The book embodies a can-do spirit, brimming with positivity and possibility even as it encourages clear-eyed, bold change. Rhetorical questions, real-life scenarios, orderly arguments, and compelling reason all play in, moving the work forward clearly and logically. The most unique and transformational part of the book is not the ideas themselves but the recurring sections featuring issues and resolutions; these precisely target beliefs and actions that need to be changed and allow the book to be actionable and quite concise. This succinct, focused approach is bolstered by the visual element of a pyramid of growing awareness that moves from survival to seeing God in everything.

The book evinces an open spirituality that is centered on the goodness of human beings and their connectedness to God, not limited or inspired by any particular religion or belief system. While anyone can benefit from this work, it will prove most useful to those who are already ready for change and who are prepared to take risks in order to overthrow the status quo in their lives.

The book's tone is warm but firm, affirming individual worth and capability every step of the way but never hesitating to call out each person's complicity for their own life circumstances. Pages strike a nice balance between optimism and bluntness.

With conviction and credibility, *The Infallible Way* is a self-help work that asserts that joy, peace, and abundance are possible for all.

MELISSA WUSKE (April 9, 2018)

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