

The Heirloomed Kitchen: Made-from-Scratch Recipes to Gather Around for Generations

Ashley Schoenith

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Gibbs Smith (Jan 23, 2024)

Hardcover \$35.00 (224pp)

978-1-4236-6548-9

In *The Heirloomed Kitchen*, Ashley Schoenith serves up over one hundred made-from-scratch recipes flavored with nostalgia and Southern charm.

With its elegant design and exquisite vintage-style photography, this cookbook stands out for its visual appeal alone. A legacy of love, its pages are dedicated to preserving cherished memories of gentler times, when family and friends gathered around the table to share stories and enjoy meals that nourished their bodies and souls. Brief vignettes bring cherished memories to life, enhanced by photographs of country settings and nature-themed decorations.

The recipes for sunrise-to-sunset meal planning include appetizers, soups and salads, main and accompanying dishes, sauces and condiments, candies and desserts, and classic drinks. Typical Southern fare is highlighted with recipes for Fried Green Tomatoes, Collard Greens with Applewood Bacon, and Cornmeal-Fried Okra. These classics appear alongside unusual and intriguing dishes, like Brie, Sausage, and Sage Casserole and Saint George Island Shrimp and Grits.

The desserts include a tasty twist on traditional bread pudding with the addition of bourbon and Vintage Stamped-Glass Cookies that come with an invitation to adventure onto a hunt for the perfect vintage drinking glasses with which to stamp and bake the sweets. In the holiday spirit, a jar of homemade White Cheddar and Herb Pimiento Cheese coupled with crisp crackers would make a lovely gift.

An added benefit of this cookbook is that it's accessible to aspiring cooks. It defines the terms used; gives clear instructions in basic kitchen skills, from making a roux to cleaning cast iron pots and pans; lists the essentials for a well-stocked pantry; and recommends necessary kitchen tools, serving implements, china, silverware, and glassware.

The Heirloomed Kitchen is a beautiful, inspiring cookbook marked by warm Southern hospitality and nostalgia for days gone by.

KRISTINE MORRIS (January / February 2024)

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