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The Field of Being: Collected Thoughts on the Evolution of Human Consciousness

Don C. Nix
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Each individual has a fairly good idea about the nature of his or her own consciousness. Beyond that, however, answers to questions about what it is, where it originates, and whether or not it connects us all remain open to speculation. The author of *The Field of Being* postulates that consciousness exists everywhere and will improve human existence, once we learn to tap into it.

Don C. Nix begins his inquiry by comparing recent discoveries in quantum physics to spiritual beliefs espoused through the ages. He explains his ideas about the emerging awareness of a field of consciousness that he believes will definitively connect the material and spiritual realms. This field of being will allow human beings to experience greater understanding of the world in which they live. Nix begins each chapter with a poem that evokes lyrical images of the ideas he presents in that section.

The author's occupations have included lawyer, university professor, and professional artist. Nix founded the Re-Enchantment Project in 1996. He also teaches, counsels clients, and leads workshops in northern California and the western United States. This is his second book.

According to Nix, the Cosmos consists of space filled with life, movement, information, and energy. Sub-atomic particles appear from space and then, almost immediately, disappear back into space. He writes, "Quantum Physics tells us that they are coming into manifest form from their nature as unmanifest waveforms." This endless web of waveforms, where everything is connected, resembles a web of life into which all beings are woven, connecting them on all levels of consciousness.

This connection exists throughout the Field, within the Cosmos, and humans have become more aware and accepting of its omnipresent nature. Contrary to the Cartesian view that sees consciousness as separate from matter, ideas about an all-encompassing consciousness prevailed long before Descartes postulated his mechanistic worldview. "Ancient cultures almost universally conceived the universe to be a vast, living and conscious arena, pervaded by a life-force that was the source of health and life," Nix writes.

The author contrasts survival attributes that rabbits and eagles have developed to show oppositional dynamics, noting that the animals' physical behavior has been shaped by their interactions. He states, "The interaction between them is mutually beneficial to the further evolution of their species. Genetic development takes place, which is passed along by DNA to later representatives of their groups." This miracle of adaptive evolution exists throughout the Field rather than being generated independently by individual species.

References to scientific discoveries and spiritual theories that Nix discusses lack the substantiation of footnotes. This omission, in addition to the esoteric nature of his writing style, may cause some readers to question the veracity of the ideas presented in the book.

Hard-core scientists and religious skeptics may question the author's efforts to demonstrate parallels between physics and metaphysics, but those who accept the possibility of a universal consciousness will find plausibility in the premise of a developing cosmic unity.
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