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Body, Mind & Spirit

The Divine Matrix: Bridging Time, Space, Miracles, and Belief
Gregg Braden
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Religious thought, dating from the Indian Vedas, Gnostic Christianity, and Buddhism to the present, speaks of an unseen web of life that interconnects all that exists in the physical world. Spiritual believers accept their faith without benefit of reason because no proof exists except for the testimony of seers and mystics gifted in the ability to perceive beyond the physical realm.

Nonbelievers insist upon more solid proof, which this book attempts to establish. Seventy years ago quantum theory offered the promise of showing that a Divine Matrix does exist and that the Universe is completely contained within it. This concept is the first of twenty Keys that the author presents to explain how science and religion are closely intertwined.

Braden has been a spiritual seeker for more than twenty years. In researching his five previous published books (and another due out in 2007), he has traveled throughout the world exploring religions and ancient texts. He also serves as counselor to those who want to make sense of their lives in a spiritual context.

A brief synopsis of the development of a unified theory starts with Newtonian physics, and travels through Einstein's view of relativity and string theory, to breakthroughs that Braden believes will unfold in the twenty-first century. "Someday in the future," he writes, "physicists will discover a way to explain the holographic nature of what we observe in the quantum universe, as well as what we see in our everyday world."

Midway through the book, Braden explains how the hologram relates to his interpretation of the Divine Matrix. "When something is holographic," he says, "it exists wholly within every fragment of itself, no matter how many pieces it's divided into … each segment mirrors the whole universe, only on a smaller scale."

Within the context of the holographic model lies the hope that humans might only be limited by their beliefs. The matrix reacts to human feelings, so what people think and feel results in how their lives evolve, both for good or ill. Those who want to effect change from a

personal to global perspective should work on changing individual thought and belief patterns in order to alter outcomes. “The opportunity to be imprisoned or free is ours, and we’re the only ones who can make the choice,” Braden explains.

While the author presents a logical and convincing argument, skeptics will claim that his ideas are speculative rather than proven fact. The debate between science and religion can’t be resolved in one book. But some who read it will discover a convincing argument that life might well be connected in ways more sensed than seen, and that humans possess the potential to help in building a more positive future.

Margaret Cullison