



The Cuban Sandwich: A History in Layers

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In *The Cuban Sandwich*, Andrew T. Huse, Bárbara C. Cruz, and Jeff Houck give the titular dish a well-deserved spotlight.

The Cuban sandwich, or Cubano, has been a favorite in both Cuba and the United States for over a century. Beginning with its murky origins and continuing through to modern reimaginings, this book gives historical context to the Cubano and highlights the many roles it has played, from love token to cultural ambassador.

Cubanos have always been versatile, with the “correct” recipe changing based on time and location. Even when caught up in political events—several restaurants changed the sandwich’s name after the Bay of Pigs fiasco—it remained a source of comfort to Cuban exiles, and of fascination to all.

Interviews with Cuban American restaurateurs, bakers, and others highlight the sandwich’s enduring legacy. The interviewees also share their personal and professional secrets for making the perfect Cuban sandwich, giving readers additional food for thought as they digest this creative, enjoyable history lesson.

The Cuban Sandwich is a delicious look at Cuban and Cuban American history told through its most iconic meal.

EILEEN GONZALEZ (July / August 2022)

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