

The Breathing Bridge

Annie Buckley

Brighter Books (January 2012)

Hardcover \$24.95 (54pp)

978-1-927004-14-2

What happens to the air molecules we breathe in and out? Where were they last, and where are they headed? Helping children to understand how their bodies are connected to the earth and other living beings, this smartly conceived book uses traditional yoga poses as a foundation for its healthy message. The collage-like illustrations are instructive and enchanting. All ages.

(Summer 2012)

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