

Foreword Review CRAFTS & HOBBIES

Spiritual Traditions of India: Coloring Book

Harish Johari

Destiny Books (Sep 30, 2016) Softcover \$12.95 (96pp) 978-1-62055-629-0

Hindu imagery of gods, goddesses, chakras, and planets, and other drawings of classic Indian scenery—all paired with meditative excerpts from the author's books—will both focus the mind and lead to a relaxing coloring experience.

HANNAH HOHMAN (Cozy Up 2016)

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