



Shantideva: How to Wake Up a Hero

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In the simple, compassionate language akin to other Buddhist works, this insightful book offers spiritual teachings, practical advice, and an entertaining story, all at once. The monk Shantideva, depicted in various situations in majestic illustrations, speaks to his friends about avoiding selfishness and applying benevolence to difficult situations. Concrete examples root abstract concepts in everyday life to provide wisdom for children and adults alike. Ages ten and up.

AIMEE JODOIN (Summer 2015)

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