



## **Foreword Review**

## **Runes for the Green Witch: An Herbal Grimoire**

## **Nicolette Miele**

Destiny Books (Jan 30, 2024) Softcover \$15.99 (288pp) 978-1-64411-866-5

Nicolette's Miele's *Runes for the Green Witch* gathers a wealth of useful information on the Elder Futhark Runes and the plants and herbs that correspond to each one.

The runes are a system of magical symbolism that has been used for centuries and that continues to be popular among contemporary witches. Herein, Miele associates the magical and medicinal properties of herbs with the corresponding properties of the runes to illuminate the uses of both.

The explanations of the runes are thoughtful, and they are followed by lists of general correspondences to elements, chakras, moon phases, and plants, with concise information about the energetic and medicinal properties of each plant. And there are formulas for learning to make teas, spell bottles, infused oils, and other magical items, including recipes for items like money maker ritual oil, grief relief tea, and a cosmic consciousness spell bottle.

Runes for the Green Witch is an exceptional reference book about runes and the plants that work well with them.

## CATHERINE THURESON (January / February 2024)

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