

**BODY, MIND & SPIRIT** 

Rise: Rejoicing in Spiritual Evidence

P.J. Coble 978-1-4259-3442-2 Two Stars (out of Five)

"What hurts my brother hurts me" is the motto displayed throughout Coble's son's school and a good summing up for this entire text. Detailing early life influences as she discusses the impact of three key historical American figures—Martin Luther King Jr. Malcolm X and John F. Kennedy—Coble cites how each of these men made a stamp upon her life for good. Coble weaves the men's stories into her own by describing how their messages mirrored the volatile climate of the times which likewise reflected her own internal and external struggle for peace.

Through concise vignettes the author explores such topics as devotion relationships personal development partnering with Christ the long road to maturity understanding ministry and the calling of God. Coble parallels these life lessons with scriptural principles she has gleaned along the way. Especially moving is the author's retelling of when she went into cardiac arrest during which time God spoke to her reminding her that He had a purpose for her. As she recovered God continued to work within her heart digging deep and allowing the author to separate the worthwhile from the worthless. Looking back Coble understands that suffering often precedes divine intervention and a vision for the future.

As a financial advisor Coble uses her abilities to bring financial stability and increase to her clients. Recently she has moved into newer more demanding endeavors recently forming the Upper Room Central a ministry devoted to assisting women in business and minority-owned small businesses. This author cites her strength to serve others as a result of personal obedience study fasting and prayer.

While readers will not doubt Coble's sincerity and love for God and fellow the format of her text may leave them with more questions than answers. The pace and organization is piecemeal and choppy leaping from one topic—or place or time—to another without transition. Even the most careful readers will likely experience frustration. Although Coble's intent is to share the experience of God's faithfulness throughout life's hardships it isn't until the very end of the text that Coble writes of "rejoicing in spiritual evidence" which is this book's title. Perhaps a more deliberate approach not to mention a more practical one would have strengthened the

message of this work.