

Foreword Review BODY, MIND & SPIRIT

## Real Talk Tarot: Mystical Answers for a Chaotic World

## Juanita Londoño Gaviria, Illustrator becker&mayer! (Sep 21, 2021)

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For relatability and accessibility, *Real Talk Tarot* updates the tarot, making the ancient system of self-knowledge and divination easy to use and appealing.

Here, the tarot's six-hundred-year-old system of applying archetypes to life issues is reintroduced with contemporary language, upbeat illustrations, and learning shortcuts. *Real Talk Tarot* makes interpreting the cards and doing readings simple and fun, as when it expresses the meaning of the tower card as "When Your Life Feels Like a Late-Stage Jenga Game."

Although the book includes illustrations and instructions for traditional card spreads, it also encourages breaking with tradition to discover creative and individualized ways of working with the cards. Explanations of the meanings of each card in both their upright and reversed positions are provided, and a beginning reference guide condenses those meanings into a few key words—a real help when the book is kept open and at the ready during readings.

Real Talk Tarot is an inviting contemporary introduction to an ancient art that enhances intuition and sensitivity; packaged in a lovely box, it is perfect for gift-giving.

## KRISTINE MORRIS (September / October 2021)

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