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Principles of Abundance for the Cosmic Citizen: Enough For Us All, Volume One

Dorothy I. Riddle
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Science and metaphysics are brought together in this compelling statement of the principles that underlie our reality and the manner in which we co-exist as cosmic citizens. Metaphysics teaches, and science is confirming, that we are all interconnected energy waves that only have the appearance of being distinctly separate from each other, that we actually do create our own reality, and that our experience is fundamentally non-linear, complex, and non-dualistic. As Dr. Dorothy I. Riddle points out, both metaphysics and science recognize that we survive because of our ability to adapt and collaborate with others who are also part of the interdependent community of life, and that we all evolve through a process of symbiosis and cooperation.

"Moving beyond a preoccupation with our own personal desires and grasping the reality of our interconnection holds the key to our survival as a species," Dr. Riddle writes. She adds, "If we assume…that our reality is intertwined, the good news is that we live in a sea of cosmic energy vast in its potential to support and uphold us…as long as we learn to give back."

Principles of Abundance for the Cosmic Citizen, volume one of Riddle's three-volume series is a profound, yet sensitive exploration of the above ideas and their ramifications. The author brings a deep understanding of fields as diverse as biology, cosmology, psychology, economics, physics, and metaphysics to the discussion of a planetary and cosmic citizenship marked by equity, respect, and abundance.

Riddle declares that the concept of scarcity is a myth based in fear and fed by the belief that "more is better." She also brings readers the timely message that continuous growth is not sustainable and points out the benefits, to individuals and to humankind as a whole, of learning to value the quality of one's life over the quantity of one's possessions. The creation of a life that is outwardly simpler, yet inwardly richer may well be the key to a greater and more widespread experience of the original definition of "wealth," which described the state of prosperity as a sense of happiness, well being, and joy.

The author presents accessible explanations of the principles of quantum physics that, in her capable hands, turn into tools for transformation. Together with exercises designed to help readers expand their awareness of the meaning, rights, and responsibilities of cosmic citizenship, she offers comforting evidence that we are part of a world in which all life forms are equal partners.

Riddle is a psychologist and economic development specialist. She has worked and taught in more than seventy-five developing countries and is engaged in building bridges of understanding between diverse groups of people so that all may experience justice and equity.

KRISTINE MORRIS (June 28, 2010)

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