



Princess Penelopea Hates Peas: A Tale of Picky Eating and Avoiding Catastrophes

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Princess Penelopea Hates Peas is the story of a princess who cannot be convinced to try her peas, no matter what the king and queen do. The book offers parents an opportunity to encourage kids to try new foods. There is a note to parents and caregivers in the back that provides useful tips for getting children to eat a variety of foods. The accompanying illustrations are whimsical and colorful, and help turn a topic that some children may hesitate to embrace into a book that is a great deal of fun to read.

CATHERINE REED-THURESON (Spring 2016)

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