

No More! The Complete Guide to Preventing, Ending, and Sexual Violence

C. Edward Brost

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This much-needed book is a powerful reference for the prevention of and shifting of cultural attitudes toward sexual violence.

No More! The Complete Guide to Preventing, Ending, and Responding to Sexual Violence, by C. Edward Brost, is a thorough, practical reference, full of sociological insight on a crime that is a sinister part of our culture.

Brost addresses prevention based on the various situations in which sexual violence occurs: between acquaintances, in a marriage or relationship, on college campuses, and perpetrated by a stranger. The section on how parents can protect their children is one of the most chilling and vital in the book. The appendix “A Parent’s Guide to Internet Safety” bolsters the chapter.

While each prevention section addresses how to respond to crisis, the second half of the book addresses larger-scale issues of response to—and putting an end to—sexual violence. Brost examines trauma and its ramifications in depth to equip people to seek healing for themselves and others, rather than encouraging them to just try to forget and move on. This holistic understanding of trauma attacks the roots of the issue. The book ends with practical information about laws, hospitals, rape crisis centers, and sex-offender registration. As a result, this resource is comprehensive and actionable.

The frequent, straightforward headings and detailed table of contents make this an easy-to-use tool that can be read as a whole or referenced to address particular needs. Brost’s approach is practical and realistic but deftly avoids fear-mongering; for instance, the book is well researched, but the data and statistics included are aimed at preventing or explaining the problem in a way that highlights a solution. The tone of the book is clean, clear, and professional, but the attention to detail and thoroughness of the book convey Brost’s passion for the subject.

Brost brings attention to sexual violence and what to do about it, echoing the cry, *No More!*

MELISSA WUSKE (Spring 2015)

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