

My Elephant Is Blue

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Everyone can see the giant blue elephant that's been clinging to a child for days. To their family, it's a curiosity; to the child, it's keeping them from engaging in the world. With support and the realization that you can't fix a problem by ignoring it comes some relief—and a plethora of other colors for the child's new companion to move through. The collage illustrations are a warm complement to this comforting story about addressing childhood mental health struggles.

MICHELLE ANNE SCHINGLER (March / April 2023)

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