

## Moments of Forever: Discovering the True Power and Importance of Your Life

**Bill R. Path**

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*Moments of Forever* digs deep into the heart of what it means to be a complete individual within the grand scope of humanity.

Bill R. Path offers up a self-help book that dispenses with the superficial. He is a serious writer who expresses his ideas with lucidity. Adopting an unfaltering, confident voice, Path never strays from his central thesis that each man, woman, and child has an important role to play in the shaping of a shared human destiny. Although Path does not claim to know what that ultimate destiny might be, his argument is straightforward and simple.

Whether we acknowledge it or not, says Path, with each passing moment, we are either contributing positively or negatively to the collective well-being of all people. If our conscious goal is to make positive contributions, then we need to get serious about acquiring knowledge, seeking truth and justice, and creating lives that have relevance, meaning, and purpose. In Path's world, forever is not a linear concept. It is, rather, the "all-inclusive state of humankind and human existence."

Path suggests nothing less than a commitment by every individual to make each moment of every day a worthy effort on behalf of humankind. He sets the bar high, but is unwavering in his belief that each of us has locked within ourselves the potential for greatness. In his sincere and steadfast way, Path is very much a cheerleader rooting for each of us to succeed.

This is the rare self-help book in that it is nearly devoid of exclamation marks on the heels of trite encouragements. Some readers may find fault with some of Path's prose as he has a proclivity to string questions together in a long series—sometimes for one or two paragraphs at a stretch. Others may want to take Path to task for his blithe assumption that most obstacles in life are figments of the imagination. A child scraping out an existence on a garbage heap outside of Mexico City, for example, might debate Path's claim that "almost all limitations ... are self-imposed."

But let's not quibble for the sake of quibbling.

*Moments of Forever* is a fine exposition on what it means to be a contributing member of the human race, and it is a useful guide for those who aspire to bring more to this life and world than they take from it.

DIANE TAYLOR (February 16, 2012)

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