Jean Finch, a healer, channeler, and ordained Lightworker Metaphysician, has studied a multitude of esoteric subjects including reincarnation, hypnosis, UFOs, and extraterrestrial phenomenon. This experience, and her openness to other dimensions of thought and being, prepared her for the extraordinary adventures she documents in *Messages from Other Worlds*.

Over the course of several years, Finch was able to leave her body and travel the galaxies as an observer on a starship. She was asked to join an exploratory team on a shuttle from the main starship (an amazing, self-contained world of its own), so that she could use what she learned to help the people of Earth. The crew's mission was to gather samples, catalog life forms, and interview alien inhabitants, though the primary focus was to document their spiritual evolution for comparison with other societies throughout the universe.

Finch took her visions, impressions, and memories of the many excursions, used her creative license, and *Messages from Other Worlds* is the fascinating and fantastical result. She endeavored to do justice to the essence of each group in her writings, and the book is reverential and respectful of the many beings encountered.

The starship team had a universal communicator that allowed them to quickly translate languages for effortless interactions, and every group of sentients was amenable to study and questioning, though some were initially frightened, hostile, or elusive.

From somewhat primitive groups on young planets living simple lives, to the most spiritually advanced societies on the verge of merging into Oneness, all openly shared their tumultuous histories of natural disasters, war, aggression, and self-defeating behaviors. Each had confronted their destructive tendencies, learned the necessary lessons, and changed their ways to come into balance with their surroundings and each other.

At times, Finch’s over-the-top enthusiasm leans toward adolescent giddiness. An abundance of distracting “wows,” exclamation points, and other superlatives serve to undermine her desire to be taken seriously. Also, the dialogue is often awkward and unrealistic, and many of the characters seem too utopian and contrived. For example, one of the planets visited was filled with anthropomorphized pegasuses, unicorns, fairies, and gnomes, and felt more like a child’s story. In that light, *Messages from Other Worlds* would make an ideal read-aloud book for children of all ages in open-minded families.

PATTY SUTHERLAND (December 7, 2010)

*Disclosure: This article is not an endorsement, but a review. The author of this book provided free copies of the book and paid a small fee to have their book reviewed by a professional reviewer. Foreword Reviews and Clarion Reviews make no guarantee that the author will receive a positive review. Foreword Magazine, Inc. is disclosing this in accordance with the Federal Trade Commission’s 16 CFR, Part 255.*

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