

Clarion Review ★★★★

BODY, MIND & SPIRIT

Messages from My Hero in Heaven: My Journey through the Powerful Spirit of My Son, Specialist Paul Vincent Davidson

Melissa Davidson

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Passionate and inspiring, this memoir chronicles one mother's communications with the spirit of her deceased son.

A mother's grief turns to comfort and purpose in Melissa Davidson's *Messages from My Hero in Heaven*. In this heartfelt memoir, Davidson communicates with the spirit of her murdered son to learn the truth about the violent act that took his life, and reveals how he continues to love, serve, and guide others from the spirit world.

Twenty-year-old Paul Vincent Davidson was living his dream as a specialist in the army. An exceptional marksman, he had recently qualified for sniper school and was celebrating his achievement the night he was brutally killed. Though the army was able to determine that his death had been a murder, and not a military accident, it took Paul's communicating with his mother through a gifted medium for all the details to come out. Davidson writes of how a mother's worst nightmare—the death of her son—though devastating, turned into a shared commitment to help others deal with tragedy and grief and demonstrates how it is possible to continue to build bonds of love so strong that not even death can sever them.

The author succeeds in conveying the wild cry of her heart upon the death of her son, and in showing how their ability to communicate grew and developed. However, with its frequent flashbacks, the story does not flow as smoothly as it could, and people are sometimes brought into the narrative without their connection to the story being clearly defined within its time line.

This sensitive and revealing book would benefit greatly from careful editing and proofing to improve its grammar, punctuation, and occasional errors in spelling. The front cover art and design are attractive, though the photo of Paul is a bit blurry. While the back cover layout is well balanced, the copy is in need of editing and proofreading, and the brief author's bio on the last page of the book is much better written than it is on the back cover. While the book's interior layout and design are in good order, the photos included, though they are relevant and enhance the text, are often grainy and lacking in contrast.

Davidson is a Florida-based creative writer and mother of two sons. Her deeply felt chronicle of her younger son's life, death, and afterlife makes a strong statement that death is not the end, but an awakening to new possibilities. Passionate and inspiring, her book is filled with tears and laughter, moments mundane and transcendent, and, above all, with faith in a God who she believes always has a higher, better plan for our lives than we could possibly imagine.

KRISTINE MORRIS (November 3, 2015)

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