



## Jumping Lightyears: The Evolution of Interstellar Travel

**Dr. H**

Xlibris (June 2002)

Unknown (340pp)

978-1-4010-5454-0

“Well, utopian dreaming is my greatest pleasure,” Dr. H reveals in *Jumping Lightyears*. His book is a testament to that statement, providing a blueprint for completely reorganizing our government and society.

In the first ninety pages, Dr. H covers scientific theories and how they relate to psychic abilities, such as out-of-body experiences. By acknowledging that the laws of physics render interstellar travel impossible, the author outlines how interstellar travel is possible: by spiritual evolution.

The remainder of the book focuses largely on creating a utopian society. Only by changing our view on traditions like marriage and community can we begin to evolve spiritually and save our land and natural resources, he says. About marriage, Dr. H writes, “For better or for worse, till death do us part. Are you kidding me? If one partner gets fat and ugly, the other is gone.” *Jumping Lightyears* is filled with such provocative statements. Most of Dr. H’s ideas run counter to what our society finds acceptable, and his ideas will force readers to evaluate their feelings about a number of issues.

Dr. H prefers to remain anonymous because he doesn’t want to be recognized or “bothered by strangers.” He is a mystic and philosopher who received his bachelor’s degree in physics and his doctorate in philosophy. Dr. H doesn’t hold back on his feelings about traditional families, religion, or the government. Many of his ideas may make readers uncomfortable. Though they may seem radical, he always has a logical explanation that shows how he arrived at his viewpoint. For example, Dr. H writes, “All religions are evil, but the most evil is the religion of the scientists, because that is the most pervasive.” He states earlier in the paragraph that scientists view people as soulless machines that are incapable of creativity.

The portion of the book that covers science may be difficult for some readers to comprehend, as the author uses technical terms, acronyms, and equations with little explanation of what they mean. The rest of the book is written in a style that is easier to read and more straightforward. The author uses thought-provoking situations and confronts taboos that make the narrative enjoyable and, at times, hard to put down.

There are a few typos throughout, and occasionally the author uses acronyms that are only defined later on in the text, making it difficult to comprehend some sections.

Readers who enjoy books about philosophy, metaphysics, and the existence of aliens may enjoy *Jumping Lightyears*. No matter what subject he discusses, Dr. H sticks with his passion for utopian dreaming. All of his ideas on society are aimed at creating more spiritually evolved beings, which brings the book back to its title; as the author writes, “the evolution of interstellar travel reflects the evolution of spiritually advanced societies.”

LAURA MUNION (July 27, 2010)

*Disclosure: This article is not an endorsement, but a review. The author of this book provided free copies of the book and paid a small fee to have their book reviewed by a professional reviewer. Foreword Reviews and Clarion Reviews make no guarantee that the author will receive a positive review. Foreword Magazine, Inc. is disclosing this in accordance with the Federal Trade Commission’s 16 CFR, Part 255.*