



## Izakaya: The Japanese Pub Cookbook

**Mark Robinson**

Kodansha International (May 2008)

Unknown \$25.00 (160pp)

978-4-77003065-8

Tokyo's extremely sophisticated food scene encompasses a similar breadth of inexpensive to mid-range dining options highlighted by the *izakaya*, or Japanese "pub." Like its British counterpart, the *izakaya* is an important social gathering place in addition to a drinking hole and modestly priced dining spot. At best, the food is gloriously innovative.

In fact, only a small number of Japanese regularly dine in *kaiseki* haute cuisine restaurants. And Japanese chefs do not all spend years refining their knife skills along a predestined culinary path shrouded in ritual and hierarchy. Indeed, Japanese food can be fun, even whimsical, and diners gravitate to *izakayas* to loosen up. In his introduction to *Izakaya: The Japanese Pub Cookbook*, Mark Robinson writes, "as the evening progresses and energy levels rise, you will hear straight talk and the uttering of hard truths that won't ordinarily be spoken. In short, at the *izakaya*, people are more themselves."

Kodansha is promoting this very fine project as the first English publication to thoroughly examine the *izakaya*. Herein, we are invited into eight popular Tokyo pubs to learn about *izakaya* food culture, profiles of Japanese ingredients, the often fascinating backgrounds of chefs and owners, and sixty recipes that Robinson calls "delicious and reassuring: recipes that don't appear elsewhere, and allow you to recreate a Japanese pub meal at home, whether for a party or a simple dinner."

*Izakaya* food is small plate cooking, similar to Spanish tapas. None of the recipes are overly complicated. Dishes like "Sauteed Small Squid," or "Celery and Skewered Pork Cutlets" stand next to "Mashed Potato Salad with Mayonnaise" and simple cubes of raw sashimi grade tuna with chopped scallions and stalks of asparagus in a miso-mustard dressing. Home cooks of all leanings and persuasions will find *The Japanese Pub Cookbook* an excellent source for appetizer and party food ideas.

(April 11, 2008)

*Disclosure: This article is not an endorsement, but a review. The author of this book provided free copies of the book to have their book reviewed by a professional reviewer. No fee was paid by the author for this review. Foreword Reviews only recommends books that we love. Foreword Magazine, Inc. is disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255.*