



Juvenile Nonfiction

How to be Human: Diary of an Autistic Girl

Florida Frenz

Creston Books

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Diagnosed with autism at the age of three, Florida Frenz has compiled eight years' worth of therapy work in this inspiring and revealing book. Using cartoonish drawings and conversational language, she traces the twenty--three steps she practiced to help her communicate. Readers will better understand the autistic brain and even learn how to express their own emotions more effectively. Ages seven and up.

Aimee Jodoin