Clarion Review

Social Sciences

H-Trauma: The General Theory of Evil
Allan Plaskett
Lulu
978-1-84753-469-9
Five Stars (out of Five)

> *What greater personal crime can there be than to rob a child for life his kind and loving inborn nature?*

A huge proportion of mental illness has a very clear-cut cause and a terrible capacity for perpetuating itself. *The General Theory of Evil* exposes the psychic violence labeled as "shadow transfer" the method actively malevolent parents and authority figures use to secure relief and personal immortality by eradicating innocent personalities. "Parental-shadow replicas are flawless impersonations and it is very fitting for a replica of a hateful and abusing father subconsciously to hate his own children." The haters exist outside the commonly understood umbrella of humanity often considering themselves normal under a perverse standard.

This book is built around highly absorbing case studies of familiar figures from the fields of literature and film. Fictional constructions among them are Nurse Rached from *One Flew Over the Cuckoo's Nest* and *Psycho's* Norman Bates. Compelling real people analyzed include the author Bram Stoker the eerily personality-free actor Peter Sellers and a vicious Sigmund Freud who doesn't wish to heal his patients. The field of psychoanalysis has missed the boat on this phenomenon partly because Freud was the boat's original architect.

The cognitive program of the late Australian psychologist Claire Weekes a pioneer in the treatment of anxiety depression and trauma is endorsed as the best avenue for recovery. Plaskett responsibly notes that the possibility of a complete fix is not likely as the damage includes personality replacement to the point of neuro-physiological rewiring. The slight chance of correcting such an extreme condition brings to mind Dr. Mark Vonnegut's *Eden Express* a memoir about schizophrenia and recovery from another mental state once thought incurable.

Positions on fear-fueled religious fundamentalism and the grim key to an individual's

success in the armed services could trigger controversy but the correlations are far from spurious and the *General Theory of Evil* should withstand such critiques. Inclusion of birth trauma from difficult deliveries is not in line with the rest of the theory which is completely agent-driven and focused on the harmful actions of the offending party. The implication that homosexuality is a pathology which cannot exist in the absence of H-trauma is fallacious.

Allan Plaskett is a computer programmer by occupation in Buckinghamshire England and also the inventor of the Snickometer an electronic device used in the sport of Cricket. Twenty years of comprehensive self-directed inquiry went into this project. It's evident that the result holds at least as much credence as any abuse-trauma model formulated by a classically trained psychiatrist or psychologist. It would be a mistake to overlook this book due to a lack of traditional credentials. This book can do no less than save lives and preserve bright hope-filled personalities which otherwise face certain annihilation. Evil is anything but a random occurrence—its pedigree goes backward into the ancestral mist to a time before records. However if identified called out and fearlessly countered it doesn't have to go forward.