

## Goddesses & Angels: A wakening Your Inner High-Priestess and "Source-ress"

**Doreen Virtue**

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Where does a counseling psychologist, who is also a fourth-generation metaphysician and clairvoyant healer, go when she needs healing herself?

Just about everywhere! The author holds a PhD in counseling psychology and has previously written numerous books, including *Healing with the Angels*, and has created several decks of "oracle cards" with inspirational messages. In this book, Virtue takes the reader with her on a journey from Sedona, Arizona to Laguna Beach, California, and off to Mexico, France, Bora-Bora, and Australia, where she encounters healing "crystal beds," spectacularly talented "crystal" children, Mayan Goddesses, and the healing spirits of several cultures. On her journey she not only receives healing of her own depleted energy, she finds a cure for her deepest fear: of being unable to breathe. This fear had kept her from completing scuba diving courses and realizing her desire to dive deep into the ocean. She writes about how her angels guided her to remember a past life, in which she had encountered a sand storm. Smothered by the sand, she couldn't breathe.

How did she find this healing? As a clairvoyant medium, she was open to experiencing contact with angels, who guided her in her journeys, urging her to reveal their message of hope. The author says that the Mayan Goddess Ixchel told her, "Hope is like an iron magnet attracting the dawn of new experiences and adventures." Indeed, such angelic guidance gave the author experiences in a manner that often seemed magical. She had a close encounter with the Dalai Lama in a crowded auditorium where he was surrounded by the audience and guards. She received a message guiding her to exactly where to go to get close enough to give the Dalai Lama the traditional offering of a white silk scarf, something she'd wanted to do for a long time. Her path to him was opened in a way that seemed to be magical, but she believes it was the result of her openness to what she calls "source," the essence of the universe. In fact, the term "source-ress" refers to turning to "source."

Dancing with "source" takes many forms, according to the author. One of these is compassion. At Lourdes, Mother Mary told her: "Shine the light of utter and complete compassion upon everyone. Don't leave anyone out, even those who seem to treat you badly or tread upon you." Openness to source and compassion will bring about a profound healing of the planet. Further, the author states: "Say 'yes' to offers of help and 'thank you' to gifts, and watch your life begin to take magical turns!"

CAROL LYNN STEWART (August 18, 2009)

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