

Gizzi's Healthy Appetite: Food to Nourish the Body and Feed the Soul

Gizzi Erskine

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Cookbook evolution is now epitomized by charismatic chefs who write well and draw from an international pantry of interesting vegetables, uncommon cuts of meat, and new techniques, to create bright, super flavorful, healthy yet crave-worthy food. London-based chef and TV personality Gizzi Erskine stepped right out of central casting. Her latest cookbook promptly exploded onto hardcover bestseller lists when first released in the UK.

MATT SUTHERLAND (Spring 2016)

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