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Garden to Table: A Kid's Guide to Planting, Growing, and Preparing Food

Katherine Hengel
Mighty Media Junior Readers (Apr 1, 2014)
Softcover $15.95 (144pp)
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Basil, carrots, green beans, lettuce, potatoes, and tomatoes—these six common garden inhabitants are the perfect introductory plants to get kids interested in cultivating their own plot of land and preparing their own food. Katherine Hengel outlines the growth of these six veggies, fruits, and herbs, from how to give them their perfect conditions (inside and outside) to the use of mulch and fertilizer. Accompanied by clear, colorful photographs, the instructions for growing, harvesting, and cooking the food is perfectly suited to young readers. The yummy recipes provide a satisfying conclusion to the work kids put into their gardening endeavors. Ages eight to twelve.
AIMEE JODOIN (Spring 2014)

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