

★ **Ebb & Flow****Heather Smith**

Kids Can Press (Apr 3, 2018)

Hardcover \$16.99 (232pp)

978-1-77138-838-2

A troubled young boy is sent to his grandmother's seaside cottage for a summer of reflection in Heather T. Smith's *Ebb & Flow*, an emotionally charged YA verse novel that explores the corrosive nature of grief and regret alongside the power of love and forgiveness.

Ever since his father was sent away, Jett has struggled with overwhelming feelings of despair. Following in the footsteps of the neighborhood bully, Junior Dawson, is therapeutic for a while. Jett and Junior wreak havoc until one day things go too far, and Jett is forced to confront the dangers of living life with "no regrets."

Beautifully crafted, each chapter of narrative poetry creates a complete landscape of sensations, from waves crashing on the shore as Jett and his grandmother search for pieces of colored glass to the starkness of the prison walls that hold his father.

The clever use of italics, line spacing, and grammatical functions give volume, tone, and emphasis to the roller coaster of emotions that Jett experiences. He is angry, loud, piercing, small, hesitant, and unsure; all are conveyed in rhythmic, eloquent lines of expression.

The story is told primarily from Jett's perspective as he turns twelve. It is easy to empathize with him and relate to his inner turmoil. Young people in particular will appreciate Jett's ability to be good with words but bad in school.

The complete story emerges in flashbacks and snippets as Jett slowly shares past events with his wise and quirky grandmother. With every reveal, each character's motivations and personality unfold in layers that allow compassion for a bully, disappointment for poor choices, and appreciation for second chances.

Thought-provoking and topically relevant for today's youth, but also conveying a powerful message for parents and teachers, *Ebb & Flow* will touch hearts with its unique insight, perspective, and captivating lyrical verses.

PALLAS GATES MCCORQUODALE (May/June 2018)

Disclosure: This article is not an endorsement, but a review. The publisher of this book provided free copies of the book to have their book reviewed by a professional reviewer. No fee was paid by the publisher for this review. Foreword Reviews only recommends books that we love. Foreword Magazine, Inc. is disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255.