

Foreword Review

BODY, MIND & SPIRIT

Discover Your Inner Goddess Queen: An Inspirational Journey from Drama Queen to Goddess Queen

Kelly Sullivan

Walden (Jan 15, 2004) \$19.95 (150pp) 978-0-9725582-1-1

Divine Directions: "What would you do if you knew that the place inside you that held the answers to life's questions was consistent and reliably accessible?" With a step-by-step guide, some might find that they can achieve unrestricted access to that place.

Discover Your Inner Goddess Queen: An Inspirational Journey from Drama Queen to Goddess Queen by Kelly Sullivan Walden (Goddess Queen Unlimited, 150 pages, hardcover \$19.95, 0-9725582-1-7) offers just such a guide. The author, a former Miss California, film actress, and advertising spokesperson, is now a practitioner of religious science.

"As long as you cannot rely on your intuitive process, you must be insecure and lacking in self-confidence," she writes. Her spiritual self-help provides tips on how readers can realize their potential, along with inspirational quotes and personal experiences.

According to Walden, "The Goddess represented the epitome of the feminine at the apex of its heavenly nature, and the Queen represented the epitome of the feminine nature in its earthly state." The objective of the book is to help the reader make her heavenly and earthly aspects meet, causing the whole person to be better in tune with all of her senses and abilities.

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