

## Chicken Soup for the Kid's Soul: 101 Stories of Courage, Hope and Laughter

**Irene Dunlap**

**Jack Canfield**

**Mark Victor Hansen**

**Patty Hansen**

Health Communications (July 1998)

Unknown \$14.95 (352pp)

978-1-55874-609-1

One more helping of chicken soup! This one for kids. The authors have gathered another collection of writings by celebrities, professional authors, teachers and kids, ages 10 to 16. As in the other *Chicken Soup* books, the offerings are intended to touch the hearts of readers through inspirational, funny, sad and hopeful stories and poems. They are grouped by topics such as love, friendship, family, attitude and death, among others. The stories present characters and situations that are believable and relevant to young adults. While not lecturing, the stories do convey a great respect for family, encouragement to make one's own good choices and even let us laugh a bit at ourselves. The young writers' contributions are especially convincing and the final selection "Eclectic Wisdom" is full of kid-sized gems.

For parents looking for a book to read along with their own young adult at home, this would be a great choice. While not necessarily a book to sit and read all the way through, the format does encourage short reading sessions that just might lead to true heart-to-heart conversations with kids. This book is likely to be requested in libraries as well, just as the *Chicken Soup for the Teenage Soul* has been.

DAWN FARLEY (July / August 1998)

*Disclosure: This article is not an endorsement, but a review. The author of this book provided free copies of the book to have their book reviewed by a professional reviewer. No fee was paid by the author for this review. Foreword Reviews only recommends books that we love. Foreword Magazine, Inc. is disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255.*