

Foreword Review

BODY, MIND & SPIRIT

Chicken Soup for the Christian Family Soul: Stories to Open the Heart and Rekindle the Spirit

Jack Canfield Mark Victor Hanson Nancy Mitchell Autio Patty Aubery Health Communications (March 2000) \$9.95 978-1-55874-717-3

Most people are familiar with "Chicken Soup" for the various "Souls." This audiobook recorded for family enjoyment does not disappoint, except perhaps by the fact that it is too short. One cassette may not be enough to take along on a family trip, which is a good way to enjoy these inspirational stories. The empathy and imagery of these tales are enhanced by the appropriate male or female voice used by the narrator.

In a touching story of faith, an old tablecloth, remarkable timing, and the resulting reunion of a husband and wife separated by many years and a cruel war, leaves little doubt that all factors were not just "coincidence."

The gift of love is depicted in a Christmas story. Here a sad, lonely widower of only weeks was given the gift of happy memories and the joy of children by kind, concerned, and caring neighbors.

Family love is told in a story about the love a father shows for his children. When a young boy scribbles in his father's new book, the father responds in a surprising way. Instead of becoming angry, the father says that every time he looks at the marks he thinks of that child and is grateful for all his children.

Given a piece of carpet as a birthday gift by her best friend, a young girl is hurt and puzzled. After seeing the home life of her friend, she realizes that the piece of carpet represents their true friendship. It also sends them to many places each day, just by using their imagination.

A pleasant family tape, Chicken Soup for the Christian Family Soul is a good audiobook to share.

VICKI GERVICKAS (July / August 2000)

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