



Breaking Through! Helping Girls Succeed in Science, Technology, Engineering, and Math

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Whether they are choosing toys for toddlers or colleges for young adults, *Breaking Through! Helping Girls Succeed in Science, Technology, Engineering, and Math* guides parents, educators, professionals, and students as they not only advocate for girls but equip them with the tools necessary to advocate for themselves. With a wealth of combined experience and knowledge in developmental and social psychology, research regarding women in STEM and social work, Harriet S. Mosatche, Elizabeth K. Lawner, and Susan Matloff-Nieves discuss current gender imbalances in STEM education and fields and offer practical advice for empowering girls at home, in classrooms, on vacation, or wherever the road to discovery takes them.

Emphasizing the importance of cultivating a sense of belonging for girls and young women in previously male dominated fields, *Breaking Through!* encourages daughters everywhere to note the influence of media, grow toward positivity, and form lasting relationships with dynamic role models and mentors. It enables them to facilitate change in local and federal government spending and policies, and above all else, to experience joy, success, and satisfaction in the study, pursuit, and advancement of science, technology, engineering, and math.

PALLAS GATES MCCORQUODALE (Summer 2016)

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