

Foreword Review COOKING

At Home in the Whole Food Kitchen: Celebrating the Art of Eating Well

Amy Chaplin Johnny Miller, Photographer Roost Books (December 2014) Hardcover \$35.00 (400pp) 978-1-61180-085-2

A rare, gem-quality collection of recipes, guidance, and good sense for discerning vegans and vegetarians. Think Roasted Fall Vegetable Cannellini Bean Stew with Spelt Berries and Kale. Think Quinoa Beet Salad with Feta, Chile, Garlic, and Sauteed Beet Greens. Think Sweet Corn Tofu Frittata with Roasted Cherry Tomato Compote. Think Citrus Coconut Cupcakes. Now stop thinking and start cooking!

MATT SUTHERLAND (Winter 2015)

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