

## **Foreword Review**

**BODY, MIND & SPIRIT** 

## After Life: Survival of the Soul

Colin Wilson Llewellyn Publications (January 2000) \$14.95 (360pp) 978-1-56718-817-2

"This book is not an attempt to convince anyone of the reality of life after death. It is simply an attempt to present the facts in an orderly manner. At the end, the reader should be in a position to make up his or her mind," says Wilson, a prolific author who has written on subjects as diverse as mysticism and criminology.

To enable the reader to do so, Wilson has presented a valuable group of case studies giving evidence for the soul's survival and touching on such topics as reincarnation, near-death experiences and instances of communication between the living and the dead. He traces such evidence through the history of psychical research, current scientific interest and the musings of philosophers to present a thoughtful analysis of a subject too long relegated to the category of superstition.

Wilson, who resides with his wife in Cornwall, England, considers himself a philosopher who is deeply concerned with the meaning of human existence. His study of the possibility of the soul's survival of death enriches what is known of the human personality, showing it to be infinitely more complex than it is generally credited to be.

The author suggests that every human being contains a whole "ladder" or hierarchy of "selves" unified by a "basic self." It is this "basic self" which we recognize as a particular individual. A person grows and changes as the various "selves" are accessed throughout the lifespan. The ability to access "higher selves" may be what allows a person to manifest what we consider to be psychic abilities, and the inability to maintain a strong enough "basic self" may be what leads to the presentation of symptoms of multiple personality disorder.

According to the author, what is generally considered to be of interest in psychical research (including telepathy, astral projection, mediumship and precognition of the future) are of little importance, since all of these are latent powers able to be developed by any human being, and which regularly manifest as spiritual development unfolds. What Wilson does consider important has to do with the basic "Life Question" which he interprets not as "Who am I?" but "What am I?," a question which has been addressed by such philosophers as Kierkegaard, Tolstoy, Dostoevsky, Nietszche and Camus. Moreover, psychical research has been hampered by the fact that after verifying that a particular phenomenon has occurred, it must look at the source of that phenomenon, and there haven't been tools developed yet for accessing that source in an acceptably scientific manner.

Wilson presents a picture of the human soul that exceeds what most are able to imagine, and offers the possibility that it is the ability to imagine that will allow individuals to transcend the perceived limits of time and space. According to the author, it is the power of the human imagination, properly directed and controlled, that allows for escape in the present moment and for it to achieve what the self-flagellating saint or the risk-taking adventurer could only see dimly, that people are truly citizens of eternity.

## KRISTINE MORRIS (January / February 2000)

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