

## A Woman's Guide to the Wild: Your Complete Outdoor Handbook

**Ruby McConnell**

**Teresa Grasseschi, Illustrator**

Sasquatch Books (Mar 15, 2016)

Softcover \$18.95 (304pp)

978-1-63217-005-7

Mother Nature can't be happy that men have co-opted the outdoorsy, wilderness-loving role to the point that many women don't feel welcome in the natural world. To right this egregious wrong, all girls must be given hiking boots and backpacks and be introduced to mountains, forests, fields, and streams. *A Woman's Guide to the Wild* addresses the falsehoods and stereotypes that reinforce the impression that women are somehow ill suited for a relationship with nature. It offers women the no-nonsense hiking and camping knowledge that they all should have received as adventurous youngsters.

MATT SUTHERLAND (Spring 2016)

*Disclosure: This article is not an endorsement, but a review. The publisher of this book provided free copies of the book to have their book reviewed by a professional reviewer. No fee was paid by the publisher for this review. Foreword Reviews only recommends books that we love. Foreword Magazine, Inc. is disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255.*