

A Woman's Guide to the Wild: Your Complete Outdoor Handbook

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Sasquatch Books (Mar 15, 2016)

Softcover \$18.95 (304pp)

978-1-63217-005-7

Mother Nature can't be happy that men have co-opted the outdoorsy, wilderness-loving role to the point that many women don't feel welcome in the natural world. To right this egregious wrong, all girls must be given hiking boots and backpacks and be introduced to mountains, forests, fields, and streams. *A Woman's Guide to the Wild* addresses the falsehoods and stereotypes that reinforce the impression that women are somehow ill suited for a relationship with nature. It offers women the no-nonsense hiking and camping knowledge that they all should have received as adventurous youngsters.

MATT SUTHERLAND (Spring 2016)

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